

Task 2

Some people choose to eat no meat or fish. They believe that this is not only better for their own health but also benefits the world as a whole. Discuss this view and give your opinion.

Vegetarianism is actually a lifestyle which encourages individuals to eat nothing but vegetables and floras. In general, there are a lot of forces at play here in support of the view of non-meat eaters, as will now be discussed.

Over the past four ~~decades'~~ ~~decades~~, vegetarianism ~~has become~~ ~~become~~ more and more popular among people, especially young ones and the trend is set to continue. Firstly, the main contributing factor which ~~is~~ almost agreeable among most of the individuals around the world is that in order for us to have fresh meats and fish, faunas are being ~~slathered~~ ~~slaughtered~~ with the most appalling procedures and uncivilized methods, by way of illustration, consider the way of killing sharks which is happening right now ~~especially~~ in far-east in order for people to have a 400\$ steak sandwich.

Secondly, the opponents of meat-and-fish-eaters ~~have~~ drawn our attention to the fact that animals' meat ~~are is~~ one of the major ways of ~~diffusion~~ ~~spread of~~ ~~varies~~ ~~various~~ kinds of diseases, besides. They hold that consuming meat or fish can cause many illnesses in people, to say the least.

Lastly, according to very outstanding scientists, one of the principal elements of global warming is the ~~produce~~ ~~production~~ of methane gas released from the stomach of cows, additionally the upkeep of these faunas needs an enormous volume of water which is another peculiar concern we have in ~~the~~ modern world.

To cut a long story short, it is undeniable that humans need a vast amount of vegetables in their diet, owing to the useful vitamins that plants ~~consists~~ ~~on~~ ~~contain~~, having said that, we must not forget that humans are omnivorous and we definitely need meat and fish in our food; seen in this light, I opine that innumerable actions ~~are~~ required to completely rearrange the methods ~~by~~ which we produce meats and fishes and also finding ways that could control the emission of ~~the~~ methane gas.